

Occupational First Aid

Our Occupational First Aid Course meets the requirements of the syllabus for FETAC Occupational First Aid (Level 5) as set down by the Health and Safety Authority. This programme requires a high level of trainee participation and interaction where the theory is enhanced by practical demonstration of skills and practical application by trainees.

Course Aim: To provide the learner with the knowledge, practical skills and understanding required to provide and co-ordinate first aid in the workplace in compliance with the requirements of the Safety, Health and Welfare at Work (General Application) Regulations 2007; Part 7, Chapter 2 :First Aid.

Course Objectives:

- ✓ Learners who successfully complete the course will:
- ✓ Understand the responsibilities of an Occupational First Aider.
- ✓ Be able to provide treatment for the purpose of preserving life or minimising the consequences of injury until discharge or the arrival of medical assistance.
- ✓ Be able to provide treatment in the workplace for an injury which does not require the attention of a medical practitioner or nurse.
- ✓ Be capable of co-ordinating first aid arrangements in the workplace.
- ✓ Be familiar with health and safety legislation on first aid provision in the workplace.

Course Outline:

Course Introduction.

Unit 1 – First in the Workplace.

Unit 2 – Patient Assessment.

Unit 3 – Respiratory Emergencies.

Unit 4 – Cardiac First Response.

Unit 5 – Wounds and Bleeding.

Unit 6 – Altered Levels of Consciousness.

Unit 7 – Musculoskeletal Injuries.

Unit 8 – Burns and scalds, chemicals, electric shock. Course

De-Brief and Assessment.

Assessment & Certification:

Certification assessments (theory and practical) will be held on Day 3 of the course.

Unit assessments will be performed as per unit.

Successful completion of the course results in the issue of FETAC Level 5 Certificate. Certificates are valid for 2 years.

All our instructors are registered with the Occupational First Aid Assessment Agent (OFAAA) on behalf of the Health and Safety Authority (H.S.A) and Pre Hospital Emergency Care Council. **Max 10 persons.**