

Practical or Basic First Aid

Course Description:

The course is designed to allow participants attain a basic understanding of key First Aid situations and their treatment. It will enable participants to act as a back- up to Occupational First Aiders in an occupational setting and/or respond to an emergency prior to the arrival of more qualified personnel.

Course Content:

The programme is delivered using a variety of tools, including PowerPoint presentations and interactive DVDs using a watch then practice method.

The key items covered on the course are:

Modules:

- ✓ An introduction to First Aid
- ✓ Casualty Assessment
- ✓ Heart Disease
- ✓ CPR and choking on adults
- ✓ Wounds and Bleeding
- ✓ Altered levels of consciousness
- ✓ Musculoskeletal Injuries
- ✓ Burns
- ✓ Poisons

Certification:

Successful completion of the course results in the issue of a certificate for each candidate by Allied Training. This certificate is recognised throughout Europe under the European First Aid Certificate.