

## Patient Handling Training

To comply with current Health and Safety legislation, SHW at Work (General App) Regulations 2007, Part 2 Workplace and Work Equipment, Chapter 4 “Manual Handling of Loads” and Amendment Regulations 2007. In organisations today we need to look after the health safety and wellbeing of their people. Those involved in the Manual Handling of people is a key part of that responsibility.

**Patient Handling Training Objective:** On completion of the course participants will be able to:

- ✓ Lift and handle patients safely
- ✓ Recognise a load which is too heavy or awkward
- ✓ Understand the limitations of the spine and muscular system

## Patient Handling Training Programme:

### Module 1

Provides care and nursing staff with the knowledge to facilitate compliance with legislative and workplace arrangements relating to manual handling

- ✓ Introduction to Manual Handling
- ✓ Manual Handling
- ✓ Legislation
- ✓ Work Place Arrangements
- ✓ Factors affecting manual handling

### Module 2

Provides nurses & care staff with the knowledge to undertake the handling of patients safely – for themselves and for the patient

- ✓ •Introduction
- ✓ •Normal Human Movement
- ✓ •Patient Handling Aid & Technique

### Module 3

Practice and support facility policies and procedures for identifying, assessing and controlling patient handling risks. Promote and support participative arrangements and communication strategies for managing patient handling risks

### Module 4

Provides nurses & care staff to demonstrate the practice and skill to undertake the handling of patients safely – for themselves and for the patient

The trainer/assessor may gather evidence of competency through successful completion of the Assessment Practical for the particular skill required.

## Who Should Attend the Patient Handling Training:

All staff engaged in lifting and handling patients during their working day **Patient Handling Pre-Course Requirements:** None

**Patient Handling Training Assessment / Certification:** Each participant will be assessed on their practical lifting techniques.

- ✓ A certificate of awareness will be issued to the various participants. Valid for 2 yrs.
- ✓ Instructor has successfully completed Patient Handling Instruction FETAC Level 6.
- ✓ A completed manual handling assessment form for each participant will be supplied to their employer.

**Duration:** 1 day